



# EMBRACING OUR DIFFERENCES

## Showing Kindness and Comfort (45-60 min.)

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### Florida Standard(s):

**ELA.K12.EE.4.1** – Use appropriate collaborative techniques and active listening skills when engaging in discussions in a variety of situations

**ELA.K12.EE.5.1** – Use the accepted rules governing a specific format to create quality work.

**ELA.K12.EE.6.1** – Use appropriate voice and tone when speaking or writing.

**MA.K12.MTR.1.1** - Actively participate in effortful learning both individually and collectively.

### Essential Question:

How can we comfort and show kindness to others?

### Learning Intention(s):

We are learning about different ways to comfort others. We will:

- Observe, think, and discuss a work of art that displays human connection
- Define the term “comfort” and why it’s needed
- Sing a song about kindness
- Listen to a story about kindness
- Learn what makes our peers happy through an interview
- Draw a picture and write about how we like to be comforted and/or how to show kindness

### Resources / Materials Needed:

- Showing Kindness and Comfort PowerPoint presentation
- ActivInspire or chart paper/markers
- Handouts (2 options – see pages 3 and 4)
- Writing paper or writing journal and pencil
- Colored pencils, markers or crayons (if desired)

### Online Video / Resource Links Used:

- “Kindness Song” by Juicebox Jukebox - Click [here](#)
- Book: *Kindness Starts With You* – Click [here](#)

### Before Instruction:

- Read and become familiar with the book and song.
- Gather all materials needed (chart paper, writing paper/journals, handouts, pencils, and crayons)
- Have YouTube and PowerPoint on ActivInspire, TV, or projector ready to display

### Direct Instruction:

**Slide 1 (2-3 min.): What do you notice and wonder about this painting?**

- Give students one minute of think time and reflect on the artwork.
- After think time, call on students to respond.



**Slide 2 (3-5 min.): Turn and Talk: What feeling word or emotion would you use to describe this painting?**

- Give students 30 seconds to a minute of think time.
- After think time, have students turn & talk to their partner to share their answers.
- After sharing with partners, call on a few students to share their responses.

**Slide 3 (2-3 min.): If We All Held Hands**

- Read the quote and ask students to think about what they think that means.
- Call on students to share their responses.

**Slide 4 ( 2-3 min.): Turn and Talk: What does it mean when someone comforts you?**

- Read the definition of comfort.
- Students turn and talk to their partner to discuss a time when someone comforted them.
- Call on students to share their responses.

**Slide 5 (5-7min.): *Kindness Starts With You***

- Click on book in the slide and listen to the story.
- Discuss the story and share examples how the character Maddy showed kindness to others.

**Slide 6 (7-10 min.): Interview Classmates**

- Pass out Interview Worksheet.
- Have students interview their classmates (5-10 kids or teacher discretion) and put tally marks on worksheet. (K-1<sup>st</sup> grade worksheet has pictures; 2<sup>nd</sup> grade worksheet has words and blank boxes for other responses not already given).
- Discuss the results of the interview; what was chosen the most? The least?

**Slide 7 (3-5 min.): What Color Stands Out?**

- Discuss what color stands out most and what feeling word or emotion does that make you think of?

**Slide 8 (5-7min.): What Happened?**

- Discuss as a class if the painting was a photograph what students think happened just before the picture was taken and what happens next.

**Slide 9 (2 min.): Artist's Thoughts**

- Read the description by the artist and briefly talk about how it was similar or different to their own thoughts.

**Slide 10 (3 min.): Kindness Song**

- Click on link to listen to and sing the Kindness song by The Juicebox Jukebox

**Slide 11 (5 min.): Draw a Picture**

- Draw a picture and write about when you showed kindness or when kindness was shown to you.

**Extensions:**

- Show kindness to three people in the next week and discuss in class.
- Explain comfort to a friend or family member.
- Do a class project to show kindness to your home, school, neighborhood, and/or planet.



# How Do You Like to be Comforted?

Hug 	Hold Hands 	Given a Tissue 	Listen and Talk 



# How Do You Like to be Comforted?

Comfort	Tally Marks
Hug	
Hold Hands	
Given a Tissue	
Listen and Talk with Someone	
Take My Mind Off It/Distract Me	
Sit Quietly with Me	
Give Me Space	